

# IMKEN DONDE

## YOGA

2012-13 Sweden & Bali

***Sama Yoga Teacher Training with Sky Akasha & crew***

(270 hours)

2012 Mysore, India

***Ashtanga, Prananyam & chanting Intensive with Masterji Vishvanath***

(100 hours)

2013 Bali

***Intensive Sama Yoga Teacher Training with Sky Akasha & crew, Swami Vagishananda and Sharada***

(270 hours)

2013-2014 Goa, India

***Intensive Path of Tao Tai Chi/Energy work with Panda Chi***

(150 hours)

2013 Sweden

***L1 Yin Yoga Teacher Training with Biff Mithoefer***

(50 hours)

2015 Sweden

***L2 Yin Yoga Teacher Training with Biff***

(50 hours)

2015 and 2017 UK

***L1 & 2 Restorative Yoga from a Somatic Perspective with Aki Omori***

(30 hours each)

2018 UK

***Somatic Yoga Training with David & Amanda at Radiant Star Yoga***

(50 hours)

# BODY WORK

2013-16 Asia, Sweden

***L1,2 & 3 Craniosacral Therapy Training with Leonid Soboleff***

(60 hours each)

2015 Goa, India

***L1+L2 Neuro-Somatic Release Training (NSR) with Sebastian Bartu***

(2 and 3 days consecutively)

2016 Denmark

***CNT Chi Nei Tsang Vital Organ Massage with Leigh Blythe***

(30 hours – training continues)

2013 & 2021 Sweden

***Thai Massage/Osteopathy Training with Itzhac Helman & Pau Castellsagué***

(50 hours each)

Dance / Movement

1980's -90's Germany

***Rock'n Roll, Tap Dance, Modern Dance, Salsa with Jazz Dance Group 'Mad Move Company'***

2013 Sweden

***Spiderflower Dance with Rowan Jacqueline***

(4 days)

2013 Goa, India

***Contact Improv' Festival 'In Touch'***

(1 week)

2016 Sweden

***5 Rhythms Dance with Adam Barley***

(4 days)

# FASHION

1997 Germany

***Fashion Design (BA) Fachhochschule für Gestaltung Hamburg (now HEW)***

1999 London, UK

***Fashion Womenswear Knitwear Designer (MA) Royal College of Art***

1999 – 2012

***Womens Knit Designer/ Head of Design internationally***

(Hugo Boss, Jens Laugesen, Fiorucci, Bessini, Cacharel, Poetry)

London & Hamburg

***Knit Tutor in fashion colleges & Holloway Womens Prison London***

1990 Germany

***Pattern Cutting Tutor***

1995-97 Germany

***CAD tutor (computer aided design) at Hamburg Uni; H&M design office Stockholm***

# CONTACT

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